



Sarasota Youth Sailing (SYS)

1717 Ken Thompson Parkway
Sarasota, Florida 34236
941.504.4236

Welcome 420 Race Team Members!

Welcome to our 2020-2021 SYS Racing Program. Sarasota Youth Sailing initially started with a summer camp program and since its inception, it has grown to a program with a summer camp attendance of more than 400 and approximately 80 sailors who attend our year round race program. In the late 80s, the SYS Race Team was formed with sailors competing locally, regionally, and nationally sailing in Optimist, Lasers and 420s and has since added a comprehensive high school sailing program with sailors from area schools competing regionally and nationally at events with other high schools. Furthermore, our Optimist, Laser, C420 and Multihull teams represent our club at many National and International events. Many SYS sailors continue on to compete in college and work as coaches themselves.

SYS Club 420 Fleet - Overview

Coach approval is required for all new sailors entering the C420 fleet. The Club 420 is a two person dinghy which forms the base of many local, high school and collegiate programs. Simple for beginning sailors and yet challenging enough for collegiate champions. Over 5,000 Club 420s are sailed in youth, high school and collegiate programs all over the United States, Canada, Mexico and the Caribbean. The C420 Racing Program provides sailors the opportunity to develop teamwork skills while competing at the highest level. Building on the skills learned in other racing classes, 420 sailors work on improving their sail trim and boat speed while working on the best ways to make the boat move in different conditions.

Volunteering

Parents are an important part of our program. All parents are expected to volunteer at least 8 hours each session and can help in one of several areas including but not limited to:

- Fundraising
- Team Travel Logistics
- Special Events and Regattas (Sailfest)
- Program maintenance
- Marketing

Practices

The practice schedule is as follows. Please be **rigged and ready to go** by the time specified. Plan to arrive at least ½ hour prior to the scheduled start time.

Wednesdays: 3:30 pm-7:00 pm (as daylight savings permits)

Saturdays: 9:30 am-4:00 pm Lunch on the water

This means rigged and ready by 9:30 am, on shore by 3:30 pm for derigging and debrief, practice ends at 4:00 pm.

Fall Session dates: August 22-December 12

Spring Session date: January 16-May 8

Practice will not be held during regattas. We expect and encourage sailors to compete in local regattas. The sailors you meet at these events are the sailors you will see throughout your sailing career, into college and beyond.

Fees

New sailors may attend one practice at no charge to determine if the program is right for him or her; otherwise payment is required for the fall season on or before the first day of class.

Full payment due on or before the first day of class

\$785 practice fee per session

\$175 boat charter fee per session

\$100 refundable loss/damage deposit

Regatta Fees:

\$60/day/person fee for away regattas due two weeks in advance of each event in order to work out transportation logistics, assure we have enough sailors to send a coach, and be sure to allow our sailors to register for regattas at a discounted rate. Most regattas are 2 days/\$50/person; however, additional day fees might be assessed for in-state regattas which require an entire days travel to and from the event.

Minimum of 6 sailors/3 boats are required to send a coach to regattas. A parent chaperone is required for sailors traveling independently. Parents should pitch in for parents who tow coach boats to regattas.

SYS encourages attendance at national and out of state events. SYS sailors will be charged a rate to cover coaching expenses including hotel, transportation, and the coaches hourly rate divided by the number of participants who wish to attend in order to attend national regattas and otherwise unscheduled events.

SYS Contact information:

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Like us on Facebook – Sarasota Youth Sailing

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Coach – Stephan VerHulst

Coach- Nick Lovisa